

Make each Medical Home Appointment Work For You

- ✓ **Before the appointment, write down your questions and concerns.**
- ✓ **If your child sees specialists, ask them to send reports to your child's doctor (medical home).**
- ✓ **Bring a list of medicines your child takes regularly to the appointment.**
- ✓ **Bring your child's insurance card, immunization record and your questions.**
- ✓ **Pack some comfort items like books, toys, and extra clothes, if appropriate.**
- ✓ **At the appointment, relax, ask questions, and take notes! Tell your doctor when something is not clear.**
- ✓ **Ask your doctor to explain the care or treatment plan and put it in writing.**
- ✓ **Ask when you should schedule your child's next appointment.**
- ✓ **After the appointment, put your child's medical information in one place – ready for the next appointment.**